

JOHN SHEEHAN

SITE SUPERINTENDENT

John has a unique blend of both field and office construction experience for over 25 years. He has traveled throughout the United States for retailers such as Apple, Abercrombie & Fitch, Kay Jewelers and Gilly Hicks Concept stores. John's strengths include his strong communications, advanced computer skills, and an excellent record for timely project completions. John has experience as both a licensed superintendent and project manager for renovation and ground-up projects. He has attended Wentworth Institute of Technology for construction & engineering courses.

PROJECT EXPERIENCE

- ▶ **Village Bank - Waban, MA**
Gut and remodel of a 30 year old bank. Emphasis on integrating into the neighborhood with modern design
- ▶ **Village Bank - Newton Center Branch, Newton MA**
Interior fit-out of 1,900 SF space, including new store-front, bathrooms, break room, design-build MEPs and custom mill work. Value = \$400k
- ▶ **Aurora Counseling Office Expansion, Natick MA**
Interior fit-out of 1,000 SF office expansion to include four offices, a reception area two and storage closets, requiring entirely new layout in an occupied building. Value = \$55k
- ▶ **Meadow Brook Mall, Lowell MA**
Removed existing facade and replaced with new steel framing and EIFS. with brick columns to a 750 SF store front for a restaurant. Was able to complete storefront while restaurant remained open. Value = \$400k
- ▶ **AT&T Building, Worcester MA**
New ground up retail building covering 4500SF, including all site prep, foundation and building MEP systems and exterior envelope. Value = \$800k
- ▶ **North Shore Mazda, Danvers MA**
New ground up car dealership with extensive site work for an all steel and metal paneling structure, covering 16,800 SF three-story structure including all interior and exterior finishes. Value = \$4.6M
- ▶ **Concord Market Building & Garage, Concord MA**
New ground-up local supermarket with raised-over wetlands parking structure. Building covered roughly 15,000 SF. Value = \$6.4M

PRIOR PROFESSIONAL WORK HISTORY

- ▶ **Caisson Construction Corp, Westwood, MA**
Superintendent
 - Work closely with local building officials to ensure that all permits and licenses required for construction are obtained
 - Implemented a quality control program to meet project requirements
- ▶ **Heartland Retail Construction Inc. Racine, WI**
Superintendent
 - Provide planning, scheduling, expediting, technical coordination and supervision necessary for the proper execution of the work
 - Prepare punch list items, and ensure that corrective measures are taken a job safety program for accident prevention
- ▶ **Hanover Insurance**
Independent Contractor
 - Closing job bonds for insurance company

EDUCATION

Wentworth Institute of Technology
Massachusetts Superintendents Seminar

CERTIFICATIONS

30 Hour OSHA training

AFFILIATIONS

US Army 1980-1986